

# 2015 INTERNATIONAL FESTIVAL

The INTERNATIONAL FESTIVAL will feature exhibits from the 60+ ethnic groups represented in Central Indiana as they gather to share their rich cultural histories and traditions. Highlights of the festival include authentic foods from 20+ ethnic vendors; continuous ethnic music and dance by local and national performing groups; Culture Booths hosted by volunteers in traditional dress where you can connect with your own ethnic heritage; artisans demonstrating unique cultural crafts; a Naturalization Ceremony and an International Marketplace offering gifts from around the world.

**Additional Features:**

- GIANT, WALK-UPON Map of Africa hosted by Geography Educators' Network of Indiana (GENI)
- Italian Street Painting
- International Market Shop for Souvenirs
- International Beer and Wine Garden
- Kids Zone
- Tudor Rose Players
- International Festival Queen Contest
- Naturalization Ceremony
- Parade of Nations

Indiana State Fairgrounds  
Exposition Hall,  
1200 East 38th Street,  
Indianapolis, IN 46205  
Visit: [www.IndyInternationalFestival.org](http://www.IndyInternationalFestival.org) for details



Set up team of IAAT and IACA booths neighboring to each other



Set up team member in action



IAAT booth ready for International Festival



Peggy Hu proudly displays IAAT mission & introduction

## INDIANAPOLIS AND HANGZHOU LIBRARY'S KICK OFF "2 CITIES:READ. SNAP.SHARE"

The program "2 Cities:Read.Snap.Share" was launched on October 22, 2015 in Hangzhou, China during the international library conference held in Hangzhou. Jackie Nytes, Indianapolis Public Library CEO, and Shu Qing Chu, Hangzhou Public Library CEO, kicked off the program.

Each library selected three books tied to the sister cities of Indianapolis and Hangzhou, which either spotlight native authors or depict local history and culture. Local readers are invited to read these books, take photos mentioned of places mentioned in the books, and then share the photos on social media using the hashtag #2CitiesReadSnapShare. Find out the titles of books and more about the program at [www.indypl.org/2cities](http://www.indypl.org/2cities).

"2 Cities: Read.Snap.Share" is presented by the Indianapolis and Hangzhou public libraries in partnership with Mayor Ballard's Office of International and Cultural Affairs and the Indianapolis-Hangzhou Sister City Committee.

The program runs through February 29, 2016. To develop a better understanding of the sister cities Indianapolis and Hangzhou, their character, culture and landmarks, we invite you to start reading and snapping pictures today!

Submitted by Jane Gehlhausen/Lijun Zhang  
Director, International & Cultural Affairs  
Mayor's Office, City of Indianapolis



Shu Qing Chu and Jackie Nytes hold Read.Snap.Share selected books and announce the program

# NOSTALGIA 懷舊

"It is not because I do not love my adopted land - it is the natural feeling of one far from home, who remembers those happy, carefree days when life flowed at full tide, without responsibility, flashing past one like the drama in a fascinating story of adventure and romance." -Erich von Stroheim

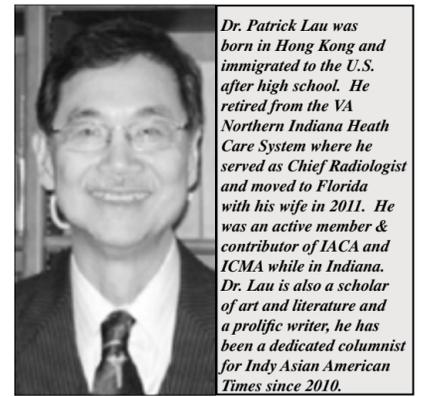


Nostalgias, according to dictionaries, defined as: a wistful or excessively sentimental yearning for return to or of some past period or irrecoverable condition; a bittersweet longing for things, persons, or situations of the past; an emotional passion for the happiness felt in a former place, time, or situation evoking happy memories; and pleasant remembrances. 懷舊: 對往事的懷戀。

Music is a compelling trigger of nostalgia. Listening to certain familiar golden oldie songs reminds people of their very private, cherishable memories of their romance many years ago. The nostalgic music, in some ways, reflects the process of our growing up, encompassing all the happenings such as happiness and sadness, tears and laughter, parting and reunion, love and hatred, success and failure. While listening to those oldies, we can reminisce the past happy moments and relive the happiness; while simultaneously 'melting' our strong feelings and emotions into the melodies and lyrics. 昔我往矣，楊柳依依；今我來思，雨雪霏霏。

Nostalgia is remembrance and yearning for the past, including significant events, people we love and care, and places where we have once spent time, such as a childhood home. Not infrequently, nostalgia is correlated with positive emotions and feelings. This may be due to the fact that memories incline to be filtered and recollection tends to be without negative elements. Our mind tends to forget or rather repress the unpleasant and sad events in the past. Doug Larson once said, "Nostalgia is a file that removes the rough edges from the good old days." Nostalgia can also boost self-esteem and fortify our feeling of being protected and loved.

In today's world of immense anxiety, including economic insecurity, high healthcare costs, corruption, crimes, terrorism, slayings, massacres, genocides and persisting wars. Everyday newspapers and television report horrendous news. Consequently, depression



Dr. Patrick Lau was born in Hong Kong and immigrated to the U.S. after high school. He retired from the VA Northern Indiana Health Care System where he served as Chief Radiologist and moved to Florida with his wife in 2011. He was an active member & contributor of IACA and ICMA while in Indiana. Dr. Lau is also a scholar of art and literature and a prolific writer, he has been a dedicated columnist for Indy Asian American Times since 2010.

and anxiety disorders are common place among the populace. People seriously worry about the future. At the least, they can "retreat" into nostalgia, an idealized past or finding consolation and relief in the past that can psychologically serve the purpose as a comfort zone. By reminiscing about the happy past, they could buffer stress. Robertson Davies wrote, "The world is full of people whose notion of a satisfactory future is, in fact, a return to the idealized past." Nostalgia therefore may be regarded as a natural antidepressant to elevate our moods, alleviate our anxiety, fear, and loneliness; and as an analgesic to relieve our mental pain; and additionally, something apparently motivates and inspires us.

Feeling nostalgic, according to researchers, can enhance social bonding and increase positive self-regard. As we go through different phases of lives, we are inevitably confronting various significant changes including crisis, traumatic incidents and so forth. 人有旦夕禍福. And when we are encountering hardship in life, nostalgia reminds us of the good old days, good times with families, relatives, love ones and good friends; and it enables us to feel better and reminds us that it is wonderful to be alive. Nostalgia also assists us in realizing our self-identities; it can connect us to our own past, and it also reminds us who we are.

William Butler Yeats wrote, "When you are old and gray and full of sleep, and nodding by the fire, take down this book and slowly read, and dream of the soft look your eyes had once, and of their shadows deep." From the internet, 葉芝寫道:「當你老了，頭髮花白，睡意沉沉，倦坐在爐邊，取下這本書來，慢慢讀著，追憶當年的眼神。那柔美的神采與深幽的暈影。」

## IHS's #BIGDRAWINDY LETS GUESTS EXPLORE THEIR INNER ARTIST

The Indiana Historical Society (IHS) is teaming up with the Eiteljorg Museum to help guests tap into their inner artist with #BigDrawIndy. The event will transform part of the Eugene and Marilyn Glick Indiana History Center into a giant art studio on Friday, Nov. 13, from 5 p.m. to 9 p.m., and again on Saturday, Nov. 14, from 10 a.m. to 4 p.m. The History Center is located at 450 W. Ohio St. in downtown Indianapolis.

Guests will be immersed in the world of art-making as they find activities for all ages to enjoy. The centerpiece of the event will be a large mural that will form the shape of the Hoosier state. Each participant will be given a square of paper on which to draw, and by the end of the program, the entire mural will be finalized. Time lapse photography will be used to document the building of the mural, and everyone will be able to see the end product on social media and in person at the History Center.

Other art stations will allow guests to use their imagination finish historical photographs and create drawings using still objects from past IHS exhibitions. Visitors can also create a special state ornament to take home, presented in partnership with Pottery by You.

In addition, the Eiteljorg's Teresa Webb will lead guests in ledger art on Friday night. Traditionally, Native Americans from the Plains painted images on buffalo hide to represent important events. As

buffalo became scarce in the late 1800s, Plains people began using ledger or accounting papers and colored pencils. This unique style became known as ledger art. Guests can listen to Webb tell a short story and draw inspiration to create a ledger art masterpiece.

The event is free to the public on Friday night, including light refreshments and a cash bar, in partnership with Sun King Brewery. Saturday is free with admission to the Indiana Experience. For more information on #BigDrawIndy, as well as other IHS programs, call (317) 232-1882 or visit [www.indianahistory.org](http://www.indianahistory.org).



## INDY - HANGZHOU SISTER CITY DELEGATION ATTENDS SISTER CITIES INTERNATIONAL U.S. - CHINA CONFERENCE

A delegation from the Indianapolis - Hangzhou Sister City Committee attended the U.S. - China Sister Cities International Conference on October 23rd. There were approximately 150 attendees at the conference, including 90 delegates from China. "This conference provided an invaluable opportunity to network with individuals from cities across the United States that have sister city relationships with cities in China," commented, Jane Gehlhausen, Director of International & Cultural Affairs, City of Indianapolis. The opening welcome included remarks given by Rahm Emanuel, Mayor of Chicago. Topics of the conference included educational exchanges and

programming, forming international partnerships with universities, building business in China, and promoting your city as a tourist destination. "The connections we made and insights we gained were invaluable as we work to strengthen our relationship with our sister city Hangzhou across educational, cultural and economic development initiatives", remarked Sherry Dong, President, Indianapolis - Hangzhou Sister City Committee.

Submitted by Jane Gehlhausen  
Director, International & Cultural Affairs  
Mayor's Office, City of Indianapolis



Tanya Barker, Jane Gehlhausen, Consul General Zhao, Sherry Dong, Ronnie Zhang, and Fancy Chase